

## The Talk of a Lifetime®

*Use the questions below to learn the histories, hopes and dreams that make your family members unique. The Talk of a Lifetime® is an opportunity to discover how well you know your family; how well they know you; and how you each want to be remembered. One way to use these conversation starters: Cut them into strips, fold each and place them into a bowl. Pass it around so each person can choose a question. Be sure you have a cell phone or other device handy to record the precious insights you'll hear!*

What is your full name, including your maiden name? And is there a significance to or story behind your name?

When and where were you born?

Tell us about your childhood family. Who else was important in your life when you were young?

What were you like as a child? And what were your interests, hobbies and dreams?

What are your favorite ways to spend an unexpected free day?

What is the one piece of advice you received from your parents or grandparents that you've always remembered?

What song best reflects you and your life? What would your theme song be and why?

What is one thing that brings you great joy?

Describe the most memorable summer you had growing up.

Tell us about the schools you attended. What was your best subject? Did you participate in sports, or a club?

What historical events do you think defined your generation? Looking back, how do you feel about these events now?

Did you ever receive an award or win a contest?

Describe the most adventurous thing you've ever done. Were you frightened? How did you feel afterward?

What has been the happiest moment in your life? The saddest?

Who is your best friend? What was the nicest thing one of your friends ever did for you?

What achievements are you most proud of?

How would you like to be remembered?

*Have the Talk of a Lifetime® created by the Funeral and Memorial Information Council • Find more ideas for families at [www.talkofalifetime.org](http://www.talkofalifetime.org).*